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Implant Placement

This instruction sheet will help you to understand the dental implant placement procedure.

- 1) Please have a good night's rest before the day of implant placement and eat a nutritious breakfast or lunch **(unless having sedation)**.
- 2) If sedating, please have not eaten for 10 hours.
- 3) If sedating, please have taken your night-time medication prior to sleep, on an empty stomach.
- 4) A local anesthetic will be used to block sensation in the area where the implant is to be placed.
- 5) A small incision may be made in your gums to obtain access to the location where the implant will be placed.
- 6) Several sizes of small drills will be used to make precise, painless preparations in the locations where the implants will be placed.
- 7) Implants will be placed into the prepared sites.
- 8) Your gum tissue may be sutured together to isolate the newly placed implants from oral fluids and foods. The stitches will dissolve by themselves, unless we advise you differently.
- 9) You will be asked to bite on gauze sponges for at least one half-hour after the implant placement to stabilize any incision and stop any slight blood flow.
- 10) You will be given at least 2 prescriptions which you should have filled and begin to use immediately:
 - a. An antibiotic to control any potential infection; please take this medication as directed until the tablets are gone. An antimicrobial rinse should be used for 30 seconds, twice daily.
 - b. A pain relieving medication to control discomfort. Take this medication only until you do not need it anymore.
- 11) Anesthesia should remain in your mouth for at least 1 hour or longer after we are finished.
- 12) As soon as possible after treatment, place ice in a plastic bag and put it on the outside of your face for a few hours over the sites where the implants were placed for 20 minutes on and 20 minutes off. This reduces the potential swelling and bruising. However, you may still have some swelling and bruising for a few days.
- 13) There may be a feeling of numbness caused by the surgery that lingers for a short time. Usually, this feeling goes away within a few days. In a very few cases it does not go away totally.
- 14) Eat and drink only soft foods for a few days. The less force you put on the implant area for the next several days the better and faster will be the healing. Over 95% of implants are accepted well by the body, and about one out of 20 is rejected and must be replaced.
- 15) We anticipate that these implants will serve you for many years.

Thank You,
Dr. Bob Finkel & Staff
Implant placement 6/14/2010