

Temporary Crowns Post-Operative Instructions

We have just placed your temporary crown. A temporary crown should only be worn for 3 weeks, unless you were told differently by Dr. Finkel.

Discomfort:

1. Your discomfort should be minimal.
2. As necessary for soreness, if not allergic, Ibuprofen (advil, Nuprin, motrin) 600mg with acetaminophen (Tylenol) 1000mg, together, every 6 hours with a tall hot drink .
3. You may be given is an anti-microbial rinse that should also help with any discomfort to the gum tissue.

Medication:

1. Peridex (Perioguard, etc.) rinse: Rinse ½ oz. for 30 seconds twice daily; after breakfast and before bed. It is very important to use the Peridex rinse until your permanent crown is seated.
2. Should you run out of rinse before your next appointment, please call our office so that we may phone in a refill or have you stop by our office for another bottle at no charge. In some instances, instead of Peridex, we will recommend Oxyfresh or Crest Pro-Health Rinse to be used 30 seconds three times daily.

Should your temporary crown come off:

1. **Never** eat while temporary crown is off. Call the office or Dr. Finkel immediately, **even if over the weekend.**
2. Place Vaseline inside the temporary crown and put it back to place. You may remove the crown for sleep and replace it the next morning.
3. Any delay in replacing the temporary crown may result in the final crown having to be redone at additional cost to you.

Homecare Instructions:

1. Continue to brush as normal, just be gentle around you temporary crown.
2. While flossing, pull the floss straight out sideways from your temporary crown, rather than up and down to remove. We may recommend no flossing, but to use Peridex, or other rinse noted.
3. While using the Peridex rinse, there is no need to floss in the area of your temporary crown. Flossing may dislodge the temporary crown.

Things to avoid while wearing a temporary crown:

1. Hard foods, ice, nuts
2. Sticky foods, chewing gum
3. Coffee, tea and red wine (will stain temporary crowns)

Please Note:***

If it comes loose, it is very important to have your temporary crown immediately replaced to avoid teeth shifting and gum changes (possibly within one day) which would prevent your final crown from fitting properly. Any delay in replacement of the temporary crown may result in the final crown having to be re-done at additional cost to you.

Thank you,
Dr. Bob Finkel & Staff